



West Jet Flight Registration

West Jet offers all NAPANc Conference Registrants a **10% discount** on your Flight Registration between **May 20th - 27th, 2009** when you fly from the cities they serve to Toronto, Hamilton or Kitchener.

flight discount...

www.OPANA.org -> **OPANA Conference** -> **2009 Conference: Flight/Airline Information**

Select the form for **West Jet**, print and fax as instructed to West Jet, or call them at their toll free number, available on this site.

Hotel Accommodation Registration

The NAPANc 2009 Conference will be held at the Sheraton Centre Hotel in the Dominion Ballroom, 2nd floor. Located in the heart of downtown Toronto, the Sheraton Centre Hotel provides a luxurious setting for all of your conference activities.

Plan to stay at the hotel and increase your conference experience. Share with a friend to further reduce costs.

For reservations please call the hotel directly at 416•361•1000.

Or register directly on our website at <http://www.starwoodmeeting.com/Book/OPNA09>

Be sure to state: "OPANA" or "NAPANc" Conference to get your **reduced rate**.

Special NAPANc conference rate - Single or Double - \$199⁰⁰/night

Deadline for reduced rate for hotel registration: **April 22nd, 2009.**

Conference Registration

Early Bird rates – register by **March 31st, 2009**

Nurses

NAPANc Members
(members of all provincial associations, e.g. OPANA, MAPAN, etc., are automatically members of NAPANc)

\$345 Early Bird rate, **full weekend**

Non-Members

\$395 Early Bird rate, **full weekend**

Members & Non-Members

\$435 regular conference rate, **full weekend**

\$300 **Saturday** only

\$185 **Sunday** only

MD's

\$695 Early Bird rate, **full weekend**

\$795 regular conference rate, **full weekend**

\$425 **Saturday** only

Registering **after May 1st** **late fee** charged.

\$455 full conference, **\$315** Saturday, **\$200** Sunday

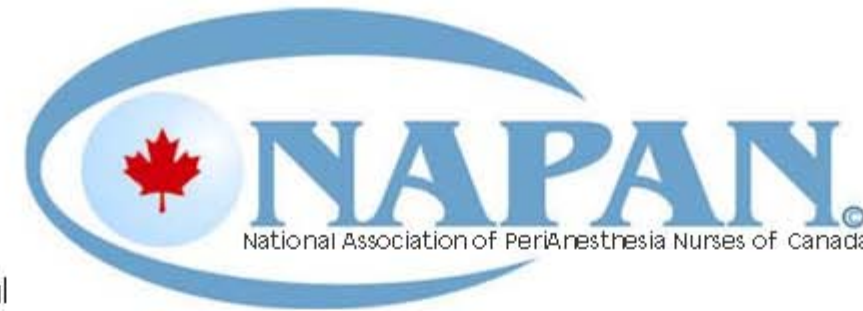
Optional... Saturday evening dinner buffet - **\$70** (registrants), **\$80** (guests)

For more information e-mail: info@opana.org.

Watch the websites: www.opana.org & www.napanc.org for details.

Phone: 1•905•257•7522

8th
annual



conference

May 23rd & 24th 09

Hosted by:



Keynote Speaker:

Honourable Stephen Lewis



"Canadian Heroes in Healthcare"

inspired by heroes



The Sheraton Centre Hotel 123 Queen Street West Toronto, ON

Hello... bonjour... a warm welcome to all our colleagues across Canada! OPANA is proudly hosting the 8th Annual National Association of PeriAnesthesia Nurses Conference in Toronto. Join fellow nurses from across the country as we continue to learn and celebrate this unique nursing specialty.

Our conference is jam packed with exciting topics and dynamic presenters. Our theme this year is "Canadian Heroes" and who better to lead us there... none other than the Honourable Stephen Lewis; a Canadian icon, with his presentation on "Canadian Heroes in Healthcare".

The conference venue - the Sheraton Centre Hotel in downtown Toronto, is the perfect setting for the NAPANc Conference. Enjoy networking with old friends and making new ones. Don't forget to visit the many Exhibits and Posters we will have on display. The arrival of the Code Blue Dancers will entice you to kick up your heels and join in. The Saturday evening musical entertainment and the Sunday afternoon comedians will lend itself to a fun filled weekend. You are encouraged to stay at the hotel to heighten your weekend experience. See details on the back of the brochure for accommodations, discount flight information and conference registration.

Friday evening • May 22nd

1900-2230 Hospitality Suite, Sheraton Hotel refreshments will be available


For those conference attendees arriving to the hotel on Friday evening... join NAPANc members and PeriAnesthesia executive in a warm and friendly gathering. Theme: Canadian Heroes (no costume required). Games and prizes will be introduced in a peri-, peri- funny atmosphere. Ask for the Hospitality Suite location at the Hotel Registration desk at check-in.

Saturday • May 23rd

0715 Registration Desk opens Continental Breakfast

0820-0830 Welcome

0830-1000 Keynote address: Canadian Heroes in Healthcare




Discussing Canadian entrepreneurs in the field of healthcare, their impact on the current healthcare system and overall health of our country.

These are our heroes – those that blazed trails before our time.

Honourable STEPHEN LEWIS

1335-1420 Prevention of Perioperative Hypothermia Improves Patients' Outcome




Perioperative hypothermia, defined as central core temperature <36 Celsius, is frequently observed. Prewarming patients and properly managing patients' temperature in the perioperative period is proven to decrease surgical site infection rates, cardiovascular complications, coagulopathy and shivering. Maintaining normothermia also preserves drug metabolism. We will review the physiopathology of hypothermia to understand how to prevent it. The cost/benefit of different warming devices and temperature measurement tools will be reviewed. The results of a Quality Improvement project will be presented to demonstrate the immediate impact such an initiative can have on our healthcare system.

Dr. CLAUDE LAFLAMME
CJA, MD, FRCPC

1000-1030 BREAK Exhibitors & Posters

1030-1130 Having Surgery? STOP and Take this Test First!




Obstructive sleep apnea is a disorder that many of our perioperative patients face. How to best manage these patients starts with first identifying them. During this presentation, participants will be introduced to the STOP questionnaire - a screening tool that helps to identify patients at risk for obstructive sleep apnea. In addition, the perioperative and postoperative management of surgical patients with obstructive sleep apnea will be discussed.

Dr. FRANCES CHUNG
MD, FRCPC, Anesthesiology

1420-1435 Code Blue Dancers

1435-1500 BREAK Stretch & Nutrition – Visit Exhibits


1500-1600 Super Heroes in Nursing



Dr. Janet Rush will keep you glued to your seat with her engaging discussion of Nurses as Heroes. She describes what qualities define nurses as leaders and those qualities that have made some famous.

JANET RUSH
RN, PhD

1130-1230 The Science of Beauty



Concepts of beauty are moral, physical and literary. The importance of facial proportion, symmetry and the Phi ratio imply that a mathematical model may exist. Others would say that beauty resides primarily in our biology. Koinophilia describes how the average face is attractive, but true beauty requires distinctive features that announce an enhanced probability of sexual reproduction. Male beauty is different from female beauty, but still can be measured. There are many beauty myths, but none greater than the statement that beauty does not matter. The reality is our facial appearance is the most public aspect of ourselves and has a profound impact on our lives and how we are treated.

Dr. PETER A. ADAMSON
MD, FRCSC, FACS

1730 DINNER Optional Buffet Dinner
Prepaid at the time of Conference Registration


1830-2200 Evening Entertainment
Included with your Conference Registration Fee; please wear your Conference ID badge

CECE PASTOR and "Word of Mouth" dinner & dance

1230-1335 LUNCH

1300 Dance Lessons will be offered by Brian Toms, Choreographer, "On Stage" ~ no charge

1330 A word from a representative (TBD) from the Canadian Nurses Association



The band that guarantees a good time. It starts with **energy energy energy!**

1920 Costume Contest Show yourself as a true Canuck, dress as your favourite Canadian Hero! Prizes will be awarded. Selection by a panel of Contest Judges comprised of your favourite PeriAnesthesia Nurse colleague-heroes! Other Hero themes will be played out - so come and enjoy the fun!

Planning Committee

- | | | | |
|--|---|---|---|
| Paula Ferguson, Co-Chair Mt. Sinai Hospital, Toronto | Sylvia Blanchard Toronto Western Hospital, Toronto | Sharon Gabriel The Scarborough Hospital, Toronto | Marianne Kampf Hamilton Health Sciences, Hamilton |
| Sandra Robinson, Co-Chair Sunnybrook Health Sciences Centre, Toronto | Deborah Bottrell Grand River Hospital, Kitchener | Pam Giroux Sunnybrook Health Sciences Centre, Toronto | Marsha Lipsius North York General Hospital, Toronto |
| Carol Deriet Sunnybrook Health Sciences Centre, Toronto | Ramona Hackett Sunnybrook Health Sciences Centre, Toronto | Kandy Pedisic London Health Science Centre London, London | |




Sunday • May 24th

0730 Registration for single day registrants Continental Breakfast

0730-0830 NAPANc AGM, Chaired by Laura VanLoon, President NAPANc
Words from ASPAN President: Theresa (Terry) Clifford

0830-0930 Opening Keynote A Crystal Ball: How to Improve the Healthcare System




The future of healthcare is uncertain, not only in Canada but internationally. Mr. Closson will discuss strategies for improvement that could impact on population health globally.

TOM CLOSSON
President & CEO, OHA

1130-1215 BRUNCH Grab & Go!

1145 Dance Lessons will be offered by Brian Toms, Choreographer, "On Stage" ~ no charge

1215-1300 PACU Bottlenecks – A Shared Responsibility



This presentation will identify the opportunities and strategies, within the PACU and the perioperative units, to improve PACU efficiency. The speaker will identify best practice recommendations for efficiency and discuss strategies that have been successful across the province.

PAM BUSH
RN, BScN


0930-1015 Patient Safety



Human Factors is concerned with matching equipment, materials, processes and environments to fit the needs, limits and capabilities of the people who work in them. The session will provide an introduction to human factors science with an emphasis on technology, device usability and patient safety. The content will include examples to illustrate principles based on the premise that human factors principles can be used by front-line practitioners to improve the systems they work in and reduce error potential.

JIM HANDYSIDE & CATHY O'NEAL
BSc RN, BScN

1300-1400 Regional Anesthesia




Dr. Sue Belo, Anesthesiologist at Sunnybrook Health Sciences Centre will discuss the implementation of a Regional Block Area based on the plan from an existing program at another SHSC site. Difficulties and obstacles in standardizing the Block Area will be a focus, as well as the unforeseen addition of Ophthalmology patients requiring regional anesthesia.

Dr. SUE BELO
MD, PhD, FRCPC

1015-1030 Code Blue Dancers


1030-1130 Nurse Practitioner of Anesthesia: New Role and Member of the ACT



The term "NP-anesthesia" appears frequently to evoke an immediate emotive rather than rational response. In part, this relates to the erroneous morphing of the name to "nurse anesthetist" (AKA Certified Registered Nurse Anesthetist in United States) in ongoing conversations.

PAM HUBLEY & GERRY O'LEARY
RN, MN, NP MD, FRCPC

1400-1515 Women Fully Clothed



All-star cast of five renowned Canadian comedy artists, proclaimed by Eugene Levy to be "the five funniest women in Canada" focus on issues that the everyday woman faces with a comedic twist.

1515 Meet the performers

1530 Closing Remarks

NP-anesthesia is a new role in Canada, established by regulation in August 2007. It is still in it's infancy in terms of educational programs required and the nature and extent of the new role. This presentation will discuss the evolution of this new role.

