

## Presentation Topics

**Rescuing Your Patient from the Desert: An Innovative Approach to Perioperative Thirst Management**

**Integral Role of Peri-Operative Nurses in Enhanced Recovery Program Implementation**

**Screening for Pediatric Preoperative Risk Factors Using an Evidence-Based Checklist to Manage Postanesthesia Respiratory Complications**

**Good Arguments for Establishing an IV-Team**

**PeriAnesthesia Nurses' Knowledge and Promotion of Safe Use, Storage and Disposal of Opioids**

**Holding it Together – Patients' Perspectives on Postoperative Recovery when Using an E-Assessed Follow-Up**

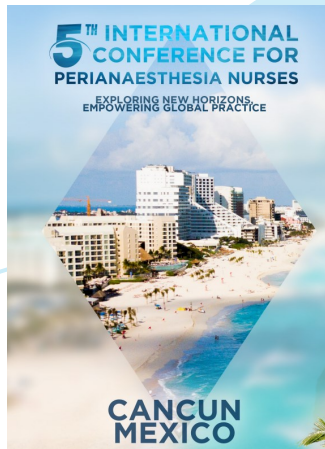
**Exploring New Horizons in Oxygen Administration**

**Civility & Respect: Enhancing Purposeful Communication to Improve Staff Nurse Role Satisfaction and Safe Patient Care**

**Perioperative Nurses' Experiences with Pediatric Emergence Delirium: A Pilot Study**

**Riding the (end) Tidal Wave to CO2 Monitoring: Using Capnography for Obstructive Sleep Apnea Following Anesthesia**

**How to Estimate Nurse-Patient Ratio to Accommodate Patient Flow Challenges**



2019 International Conference

# ICPAN 2019 CANCUN

Nov 5-8, 2019

## Many Practices-Just one World !



Arriving in Cancun was really exciting as its beauty, history, culture and food is unparalleled. The weather was 24-28C and the water was crystal clear. The locals were friendly and I always felt safe as the security was amazing. It was a perfect way to leave the stress of work behind us for a few days and get reenergized. Then, the fun began. I was able to meet many other PACU Nurses from across 14 different countries. It was very impressive how far some of the delegates had traveled to share their knowledge to promote best practices. The presenters were very brave and worked hard

to present their topics in their second language. I enjoyed meeting fellow Canadian PACU nurses and was amazed at how differently we all work even in our own country. Most are striving to meet NAPANc standards and I felt it was a fantastic way to promote PACU standards of care. It was good to hear from other countries that we are all very similar in how we practice. We all share the same concerns. We are not

alone in our struggles & challenges. We all shared and learned from each other in the hopes that we can provide the best possible journeys for our patients in the future. One idea is texting families from the PACU to reduce family anxiety. Brazil provides 30ml menthol popsicles post-op to decrease thirst discomfort. There was a validation that the STURB Pediatric OSA tool has a better degree of predictability than Stop Bang tool. You can find more information at

[www.icpan.org](http://www.icpan.org) in the [Delegate Handbook](#)

I came back to Canada full of hope and with many ideas in which I hope to share with my health authority. So, Yes this is a very highly recommended experience. I truly feel everyone who ever attends a conference will benefit and I hope to see more PACU RN's at future conferences!!!!

We are the future :)

