

PERIANESTHESIA NURSES WEEK, 2011
Health Science/General Hospital site, Eastern Health, St. John's, NL

PeriAnesthesia Week was celebrated with a great deal of 'infectious' enthusiasm at the **PACU, Health Science/General Hospital site, Eastern Health, St. John's, Newfoundland.**

The nurses kick-started the week on the previous **Friday** night with snow-shoeing, of course with appropriate vessels of 'liquid warmth.'

On the first day of our special week, **Monday**, the nurses wore their graduation hats and designed a collage of graduation and childhood pictures. It was great fun to see how we looked 'then', and 'then' compared to now. Our medical and support colleagues enjoyed our display.

On **Tuesday** morning we started the day with a very relaxing T'ai Chi Chih class. We followed with a continental buffet breakfast, which we shared with our PeriOperative colleagues.

On **Wednesday**, we had a snow storm (that's Canada!) but still managed to get our Chinese food lunch delivered.

Thursday we all brought in cookies/cakes/desserts that were made for us by our mother's/children/families as a special treat.

We ended the week with a pot-luck lunch on **Friday**.

Throughout the week, we had prizes donated by some of the staff, Anesthesiologists, and local businesses with PACU connections (i.e. former PACU nurses). We took advantage of the opportunity to 'spread the word' about the PeriAnesthesia Nursing Specialty, and to acknowledge our colleagues in other PeriAnesthesia units within the organization.

I was very happy to see such professional pride and enthusiasm displayed by the nurses.

I hope you all had a great week celebrating **PeriAnesthesia Nurses Week** too!

Respectfully submitted to **NAPANc**,

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