

## National Association of PeriAnesthesia Nurses of Canada

## PERIANESTHESIA NURSES WEEK!!!

## 2010

## **President's Greetings**

Greetings to all PeriAnesthesia Nurses of Canada, and congratulations to you all for the work you do!

This is the week, **February 1-5, 2010**, when it is your time to be recognized for all of your accomplishments. I bring to you my deepest respect and pride for all of you, as you again celebrate this week that is dedicated just to you!

PeriAnesthesia Nurses, this is the week to stop being humble: you should be proud of your work, share your stories, and celebrate your successes in assisting so many patients through their difficult journeys as they prepared for and recuperated from surgery or other treatments with anesthesia. This is the week to boast about your work, to show others what you do, and to prove your dedication to PeriAnesthesia Nursing.

What does "PeriAnesthesia" stand for? I am asked that often. PeriAnesthesia stands for.......

P assionate

**E** nergetic

**R** esponsible

I ndependent Thinker

A ccomplished

N ursing knowledge

**E** fficient

**S** ensitive

T houghtful

**H** elpful

**E** ffective

**S** killful

I nnovative

A nesthesia caregivers, prior to and following all types of anesthesia. That just about sums it up, don't you think?

You MUST celebrate your work, your profession and your nursing specialty. If you are only able to do so one day this week, then make it "PeriAnesthesia Nurses Day", which falls on Wednesday, February 3, 2010 this year.

To give you some ideas on how to promote your day, your week and your life's work, here are some of the ways that your colleagues are going to celebrate:

Some will arrange to meet for dinner, while others will bring food into the workplace and celebrate during the work day. Others will arrange celebratory tea and snacks at work, and some will honour each other with awards and prizes. Some set up displays in an open venue within their institutions, with demonstrations simulating the work they do, or use posters and videos to describe this. Some of you will participate in a sporting activity, and some will be acknowledged by their administrators.

However you choose to celebrate isn't what is important, but the reason behind the celebration certainly is! Know that as PeriAnesthesia Nurses, we can be proud of ourselves and of each other!

Please take photos, videos and/or write your favourite stories (from the front) and send them in to us at <a href="mailto:info@napanc.org">info@napanc.org</a> so that we can share these with your colleagues on our website: <a href="www.napanc.org">www.napanc.org</a>. We will also select the best of these submissions for our newsletter, the "Eye Opener", and distribute these to PeriAnesthesia Nurses across Canada.

So let's get out there and celebrate: after this past year of economic and health uncertainties and threats to our safety, there is one thing that we can be certain of: We are special; a specialized area of nursing that deserves recognition and congratulations.

So let's celebrate: pat your colleague on the back, and say loudly "Well done, fellow PeriAnesthesia Nurse. You are the best!"

Happy PeriAnesthesia Nurses Week, Colleagues!

Contact me anytime! Respectfully,

Paula Ferguson
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